

# TIME USE ACTIVITY CODES

Personal	
01	Sleep
02	Personal care (bathing, dressing, taking medications)
03	Eating and drinking
04	Drinking alcohol
Housework	
05	Preparing food/cooking/serving/kitchen cleanup
06	Sweeping/cleaning
07	Washing clothes, sheets
08	Water/wood collection
09	Bicycle/motorbike/vehicle repair/maintenance
10	House repair/maintenance inside/outside
11	Garden/tree maintenance
12	Overseeing paid help in the house
Caregiving for child or sick/disabled adult	
13	Physical care (bathing, feeding, dressing, giving medicines, put to bed)
14	Playing with
15	Talking with
16	Reading to or with
17	Giving advice/emotional support
18	Receiving advice/emotional support from child/adult
19	Taking or picking up from school
20	Accompanying at school visit or meeting
21	Taking or picking up from medical visit
22	Accompanying at medical visit
23	Helping with homework
24	Supervising
25	Keeping an eye on (not actively supervising)
26	Attending/organizing other family member activities (attending sports activity, performance, etc.)
Work paid in cash or kind	
30	Agricultural work – low intensity
31	Agricultural work – medium intensity
32	Agricultural work – high intensity
33	Non-agricultural work – low intensity
34	Non-agricultural work – medium intensity
35	Non-agricultural work – high intensity

Community activities	
40	Self-help group meeting
41	Personal services (bank, medical)
42	Provisions/purchases
43	Community/political/gov't organization meeting or work
44	Attending social events, wedding, festival, ceremony
45	Religious and spiritual group activities
46	Personal prayer or meditation
47	Socializing/chatting
Education	
50	In course/school/college
51	Study time/homework
52	Tuitions
53	Extracurricular school activities (not sports)
Relaxing, leisure, sports	
60	Telephone, mobile
61	TV, videos/movies
62	Video games (computer, mobile)
63	Computer/internet, social media (not including games)
64	Radio, listening to music
65	Reading book, magazine, newspaper
66	Cinema, theater
67	Outdoor sports, exercise, play, recreation, sightseeing
68	Indoor sports, play, recreation
69	Caring for or playing with pets
70	Relaxing (no TV, videos, etc.)
Transportation	
71	Car, truck, motorcycle, taxi
72	Bus
73	Train
74	Auto rickshaw
75	Walking
76	Bullock cart or similar
78	Bicycle
79	Air plane
80	Other (specify)
88	Don't know/Can't remember
99	Refused to answer

HIGH intensity includes running, climbing up a hill, heavy shoveling or digging ditches, carrying/moving heavy loads (>20 kg)

MEDIUM intensity includes brisk walking, domestic work, general building tasks (roofing, thatching, painting), carrying/moving moderate loads (<20kg)

LOW intensity includes sitting, standing, slow walking

### Agricultural Work

High intensity	Medium intensity	Low intensity
Ploughing Digging Planting Weeding Harvesting Climbing trees Threshing Winnowing Carrying sacks of grain De-husking coconut Cutting firewood Cleaning cattle shed	Milking Sowing Applying manure Tractor driving Sprinkling pesticide Boiling paddy Harvesting vegetables Removing unwanted leaves in sugarcane Harvesting cotton pods Thatching leaves Deseeding tamarind Plucking fruits Harvesting flowers Gathering fire wood Cutting grass for cattle	Watering the field Removing groundnut from the pod Making broomstick De-husking maize Grazing cattle

### Non-Agricultural Work

High intensity	Medium intensity	Low intensity
Brick kiln Waiter in hotel Sales personnel Street vending Cooking Digging Pottery Setting up pandal Stone work Weaving Delivering water Carrying load Sweeper Welding Mechanic	Flour mill Teashop Leather factory Cycle repair shop Cobbler Butcher Cooking Xeroxing Handicrafts - basket weaving, match work, incense making, etc. Beedi making Making garlands/tying flowers Postman/delivery services Barber/beautician Electrician Painter	Clerical work Businesses like petty shop, finance company, etc. Selling flowers Teacher

