

ID _____

Date _____

Interviewer _____

Rosenberg Self-Esteem Scale

Here are some sentences that tell how some people feel about themselves. I am going to read them to you and I want you to think about each sentence carefully. Please tell me how much you agree or disagree with each of the sentences. Remember there are no right or wrong answers. Only you can tell us how you feel about yourself.

	<i>Strongly Agree</i>	<i>Agree</i>	<i>Disagree</i>	<i>Strongly Disagree</i>
1. On the whole, I am satisfied with myself.	3	2	1	0
2. At times, I think I am no good at all.	0	1	2	3
3. I feel that I have a number of good qualities.	3	2	1	0
4. I am able to do things as well as most other people.	3	2	1	0
5. I feel I do not have much to be proud of.	0	1	2	3
6. I certainly feel useless at times.	0	1	2	3
7. I feel that I am just as good as other people.	3	2	1	0
8. I wish I could have more respect for myself. (<i>Check</i>)	0	1	2	3
9. Overall, I am inclined to feel that I am a failure.	0	1	2	3
10. I have a positive attitude toward myself.	3	2	1	0