

ID\_\_\_\_\_

Date \_\_\_\_\_

Interviewer\_\_\_\_\_

### 8- Item Grit Scale

Here are a number of statements that may or may not apply to you. When responding, think of how you compare to **most** people - not just the people you know well. Please tell me if the statement is – **Very much like me, Mostly like me, Somewhat like me, Not much like me** or **Not like me at all**. Remember there are no right or wrong answers, so just answer as best as you can.

	<i>Very much like me</i>	<i>Mostly like me</i>	<i>Somewhat like me</i>	<i>Not much like me</i>	<i>Not like me at all</i>
1. New ideas and projects sometimes distract me from previous ones.	1	2	3	4	5
2. It doesn't discourage/bother me when things don't work out ( <i>Check</i> )	5	4	3	2	1
3. I have been <u>obsessed</u> with a certain idea or project for a short time but later lost interest.	1	2	3	4	5
4. I am a hard worker.	5	4	3	2	1
5. I often set a goal but later choose to pursue a different one.	1	2	3	4	5
6. I have difficulty staying focused on projects that take more than a few months to complete.	1	2	3	4	5
7. I finish whatever I begin.	5	4	3	2	1
8. I am careful and thorough (in carrying out my work or duty).	5	4	3	2	1